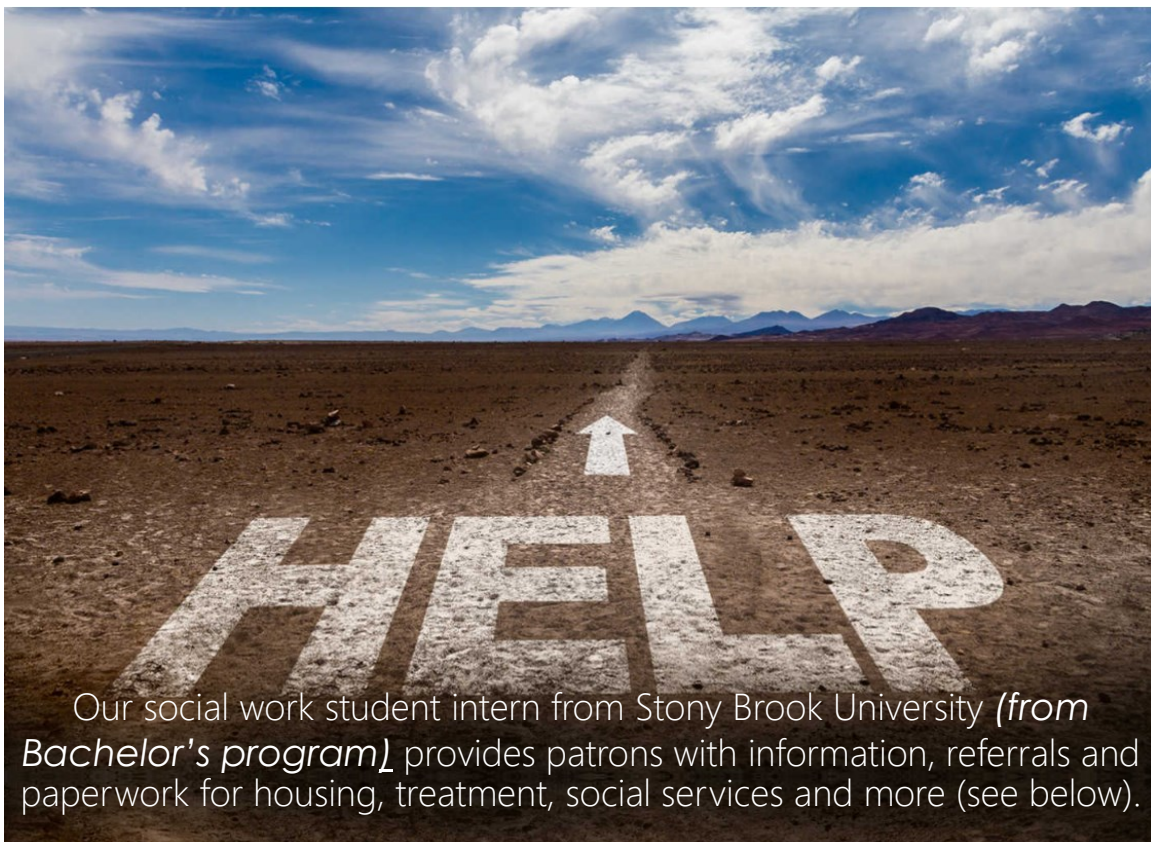


HELP IS AVAILABLE FROM OUR *Social Work Intern*

Tuesdays, 4:00-9:00pm



Our social work student intern from Stony Brook University (*from Bachelor's program*) provides patrons with information, referrals and paperwork for housing, treatment, social services and more (see below).

Food Pantries

Food Stamps/SNAP

Employment: locating employment programs; filing applications

Legal: locating free legal services and advocacy

Housing: locating emergency services and housing

Financial Aid: completing forms for medical expenses / school

Social Services /

Disability: completing forms from the Department of Social Services (DSS)

Crisis Support: locating facilities and services, emotional support

Domestic Violence: locating facilities and services for victims

Mental Health Services: referrals to mental health & substance abuse resources

Wellness: locating support, mindfulness or other self-care related groups and activities

SMART Recovery[®]

Anonymous, science-based support for those with any addiction/addictive behavior to learn tools and create a personal plan for change. Brenda Quow facilitates;

Tuesdays, 7:00pm



South Country Library

22 Station Road • Bellport, NY 11713
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