Support for Caregivers

The Parker Jewish Institute holds phone support groups for caregivers of those with Alzheimer's/dementia.

Group tele-meeting times are...

Weekdays at 10:00 AM & 2:00 PM.

Saturdays at 9:30 AM.

Call **917-962-0650** during any of those times,
and enter code **713896**.

Parker Jewish's *Willing Hearts Helpful Hands* is a virtual program series for the elderly, those with Alzheimer's or dementia, and their caregivers.

Scroll to the next page to see this week's schedule.

Programs include gentle exercises, memory cafés,
& webinars for caregivers.

Advanced registration is required for all programs.

Willing Hearts Helpful Hands
Virtual Programming Calendar

Sing-a-long With Marci Castro
Monday August 17 3:00 pm - 4:00 pm
Click below to Register:
https://us02web.zoom.us/meeting/register/tZMtceCgqzMiG90nhL534al3nigpqVaGwWfG

Morning Fitness from Spartan Fitness
Tuesday August 18 11:00 am - 12:00 pm
Click below to Register:
https://us02web.zoom.us/meeting/register/tZUode6qrDgiHNVMjf8iUjv8NgC3Z2uBGeS7

Chair Yoga with Michelle and Cindy from Yoga Shack
Tuesday August 18 3:30 pm - 4:15 pm
Click below to Register:
https://us02web.zoom.us/meeting/register/tZIkc-6rrz4oH9ymz9nhprjsQGAIkMLGL8Vc

Education Webinar:
Caring for Someone with Alzheimer's Disease
Wednesday August 19 11:00 am - 12:00 pm
Click below to Register:
https://us02web.zoom.us/meeting/register/tZAscOirrT4rHNzz8FO_nDp7Hf9cfLaFL0xd

Mobility Fitness with Ian Fertaudo from Metro Physical Therapy
Wednesday August 19 3:00 pm - 4:00 pm
Click below to Register:
https://us02web.zoom.us/meeting/register/tZIuf-uopzMoHtLSiQVxX8lvJ2inbyzzv3rv

Dementia Basics

Thursday August 20 9:30 am - 11:30 am

Click below to Register:

https://us02web.zoom.us/meeting/register/tZcuf-GgqjouGdGEXC2UYp61ZA0Ix03rWFwb

Afternoon Tunes with John Ciotta

Thursday August 20 3:00 pm - 4:00 pm

Click below to Register:

https://us02web.zoom.us/meeting/register/tZclceGqqz8qEtKcjOGeTuEkVdfqG_Vd_kZD

Let's Challenge Your Brain: "Things That Go Together"

Friday August 21 11:00 am - 12:00 pm

Click below to Register:

https://us02web.zoom.us/meeting/register/tZYvf--gqzsrE9EjR7Pz_k9Ra1GmatGywWog

Afternoon Zumba with Andrea

Friday August 21 3:00 pm - 4:00 pm

Click below to Register:

https://us02web.zoom.us/meeting/register/tZYkc-6hrTIsHtyuZPscqD1_IyWB6DqzFS5K

Advance Registration is Required for All Programs

If you have difficulties registering please contact us.

Call: (516) 586-1507 email: whhh@parkerinstitute.org

After registering, you will receive a confirmation email containing information about joining the webinar.