Support for Caregivers

The Parker Jewish Institute holds phone support groups for caregivers of those with Alzheimer's/dementia.

Group tele-meeting times are...

Weekdays at 10:00 AM & 2:00 PM.

Saturdays at 9:30 AM.

Call **917-962-0650** during any of those times,
and enter code **713896**.

Parker Jewish's *Willing Hearts Helpful Hands* is a virtual program series for the elderly, those with Alzheimer's or dementia, and their caregivers.

Scroll to the next page to see this week's schedule.

Programs include gentle exercises, memory cafés,
& webinars for caregivers.

Advanced registration is required for all programs.

Willing Hearts Helpful Hands
Virtual Programming Calendar

Dementia Basics Part 1
Monday July 27 9:30 am - 11:30 am
Click below to register:
https://us02web.zoom.us/meeting/register/tZAsdu6vrjMiHtcMxpSWjRzHPsEOZMzFQ-do

Zumba with Andrea
Monday July 27 3:00 pm - 4:00 pm
Click below to register:
https://us02web.zoom.us/meeting/register/tZcvdOyqrjIsGd0OwLQFcXKtgRLSbHLg3O6I

Morning Trivia S-U
Tuesday July 28 11:00 am - 12:00 pm
Click below to register:
https://us02web.zoom.us/meeting/register/tZAucuysrDIpE9ONARly8znadpSxvryEoRaU

Yoga with Michelle from the Yoga Shack
Tuesday July 28 3:30 pm - 4:15 pm
Click below to register:
https://us02web.zoom.us/meeting/register/tZ0rdOutqzwjH9H2GY0omWxanXq_pjx6Mj0m

Education Webinar:
How Music and Art Can Enrich the Lives of People with Alzheimer's Disease
Wednesday July 29 11:00 am - 12:00 pm
Click below to register:
https://us02web.zoom.us/meeting/register/tZwkdO2qpjgrHtTjYR7zioGsA-uXfgBUD092

Mobility Fitness with Ian Fertaudo from Metro Physical Therapy
Wednesday July 29 3:00 pm - 4:00 pm
Click below to register:
https://us02web.zoom.us/meeting/register/tZwude-ppj4iEtIdYl8WgROli1Linatx-qbg

Dementia Basics Part 2
Thursday July 30 9:30 am - 11:30 am
Click below to register:
https://us02web.zoom.us/meeting/register/tZMof-urqTovGNddsPe2w1PwOsbab8S8F8CE

Yoga, Sound Healing and Meditation from the Yoga Shack
Thursday July 30 3:30 pm - 4:15 pm
Click below to register:
https://us02web.zoom.us/meeting/register/tZcrcOihrzkqEtVuqJ031LublYjQiQfDYyM-

Memory Cafe with Mark Danti
Friday July 31 11:00 am - 12:00 pm
Click below to register:
https://us02web.zoom.us/meeting/register/tZYuf--srzMtGt3hmuA-eIFl3d6l0c7c0t46

Relaxation Zensation with Sue
Friday July 31 3:00 pm - 4:00 pm
Click below to register:
https://us02web.zoom.us/meeting/register/tZApce6uqjgjHtEn9COdqKFYMCQoJ8_dpa5D

Chair Yoga with the Yoga Shack
Saturday August 1 10:00 am - 11:00 am
Click below to register:
https://us02web.zoom.us/meeting/register/tZcsceGhrDosGt3WmI4LCqTM1nF9y2C75bML

Mobility Fitness with Ian
Sunday August 2 10:00 am - 11:00 am
Click below to register:
https://us02web.zoom.us/meeting/register/tZMrce2hrDkiEtUHIXHG83p9_cu3Jvcn5vTY

Advance Registration is Required for All Programs

If you have difficulties registering please contact us.
Call: (516) 586-1507 email: whhh@parkerinstitute.org

After registering, you will receive a confirmation email containing information about joining the webinar.