Support for Caregivers

The Parker Jewish Institute holds phone support groups for caregivers of those with Alzheimer's/dementia.

Group tele-meeting times are...

Weekdays at 10:00 AM & 2:00 PM.

Saturdays at 9:30 AM.

Call **917-962-0650** during any of those times,
and enter code **713896**.

Parker Jewish's *Willing Hearts Helpful Hands* is a virtual program series for the elderly, those with Alzheimer's or dementia, and their caregivers.

Scroll to the next page to see this week's schedule.

Programs are at 10 AM and 3 PM each weekday, and 10 AM on the weekend. Programs include gentle exercises, memory cafés, & webinars for caregivers.

Advanced registration is required for all programs.

Willing Hearts Helpful Hands
Virtual Programming Calendar

Caregiver Education Webinar:
Daily Activities for a Person with Dementia-Part I
When: Monday, June 8th, 2020 9:30 am - 11:30 am
Click below to register:
https://us02web.zoom.us/meeting/register/tZcrd-itqj4sH9C14quZzjrv9w1WVme92E5D

Show and Tell
Choose your favorite, most meaningful item and tell us about it!
When: Monday, June 8th, 2020 3:00 pm - 4:00 pm
Click below to register:
https://us02web.zoom.us/meeting/register/tZIkdeqgqzgvGNDj69ITq3inGLGyKTasR7zE

Morning Trivia
When: Tuesday, June 9th, 2020 11:00 am - 12:00 pm
Click below to register:
https://us02web.zoom.us/meeting/register/tZYlc-2hqjkqHt03QahhpyP6O8C-fL6tUDY0

Chair Yoga with Michelle from the Yoga Shack
When: Tuesday, June 9th, 2020 3:00 pm - 4:00 pm
Click below to register:
https://register.gotowebinar.com/register/1389607183037850384

Caregiver Webinar:
Memory loss, Alzheimer's Disease, and Dementia
When: Wednesday, June 10th, 2020 11:00 am - 12:00 pm
Click below to register:
https://register.gotowebinar.com/register/7976875903044387600

Exercise with Ian from Metro Physical Therapy
When: Wednesday, June 10th, 2020 3:00 pm - 4:00 pm
Click below to register:
https://register.gotowebinar.com/register/7658695929663713040

Caregiver Education Webinar:
Daily Activities for a Person with Dementia- Part II

When: Thursday, June 11th, 2020 9:30 am - 11:30 am
Click below to register:
https://us02web.zoom.us/meeting/register/tZItcuGorjgvE9RI_FwfELPzhJMQrrfDfkEa

Yoga, Sound Healing & Guided Meditation with Michelle from the Yoga Shack

When: Thursday, June 11th, 2020 3:00 pm - 4:00 pm
Click below to register:
https://register.gotowebinar.com/register/2306102901348166669

Zumba with Andrea

When: Friday, June 12th, 2020 11:00 am - 12:00 pm
Click below to register:
https://register.gotowebinar.com/register/8511916952818237965

Memory Cafe with Steve Cassano

When: Friday, June 12th, 2020 3:00 pm - 4:00 pm
Click below to register:
https://register.gotowebinar.com/register/3928220102387541261

Chair Yoga with Michelle and Cindy from the Yoga Shack

When: Saturday, June 13th, 2020 10:00 am - 11:00 am
Click below to register:
https://register.gotowebinar.com/register/762958122973924109

Exercise with Ian Feurtado from Metro Physical Therapy

When: Sunday, June 14th, 2020 10:00 am - 11:00 am
Click below to register:
https://register.gotowebinar.com/register/6824140215903053325

Advance Registration is Required for All Programs

If you have difficulties registering please contact us.
Call: (516) 586-1507 email: whhh@parkerinstitute.org

After registering, you will receive a confirmation email containing information about joining the webinar.