Support for Caregivers

The Parker Jewish Institute holds phone support groups for caregivers of those with Alzheimer's/dementia.

Group tele-meeting times are...

Weekdays at 10:00 AM & 2:00 PM.

Saturdays at 9:30 AM.

Call **917-962-0650** during any of those times,
and enter code **713896**.

Parker Jewish's *Willing Hearts Helpful Hands* is a virtual program series for the elderly, those with Alzheimer's or dementia, and their caregivers.

Scroll to the next page to see this week's schedule.

Programs include gentle exercises, memory cafés,
& webinars for caregivers.

Advanced registration is required for all programs.

Willing Hearts Helpful Hands
Virtual Programming Calendar

Dementia Basics Part 1
Monday, June 29 9:30 am - 11:30 am
Click below to register:
https://us02web.zoom.us/meeting/register/tZMocuuopjwiE9FIjPvx_ZlUghP0GiokyZON

Memory Cafe with Mark Danti
Monday, June 29 3:00 pm - 4:00 pm
Click below to register:
https://us02web.zoom.us/meeting/register/tZAlduGvqT4rHtyn9U0n5KFXpwHX4_nFlQiw

Memory Cafe with Steve Cassano
Tuesday, June 30 11:00 am - 12:00 pm
Click below to register:
https://us02web.zoom.us/meeting/register/tZIsfuigrz0pG9C2G1bY3elJmk-1KWsVwoym

Chair Yoga with Michelle from the Yoga Shack
Tuesday, June 30 3:30 pm - 4:15 pm
Click below to register:
https://register.gotowebinar.com/register/5427614214028435724

Education Webinar
Benefits of Alternative Therapies in Dementia Care
Wednesday, July 1 11:00 am - 12:00 pm
Click below to register:
https://us02web.zoom.us/meeting/register/tZMud-ygrTgpG9bkWdkRyrgpM9zLRSPDzSbt

Mobility Fitness with Ian from Metro Physical Therapy
Wednesday, July 1 3:00 pm - 4:00 pm
Click below to register:
https://register.gotowebinar.com/register/4824614549565318668

Dementia Basics Part 2

Thursday, July 2 9:30 am - 11:30 pm

Click below to register:

https://us02web.zoom.us/meeting/register/tZYudOiqrDwqG9Ye84GuA4HAp0c6jt0tshS7

Yoga, Sound Healing and Guided Meditation from the Yoga Shack

Thursday, July 2 3:30 pm - 4:15 pm

Click below to register:

https://register.gotowebinar.com/register/7536938211474857996

Advance Registration is Required for All Programs

If you have difficulties registering please contact us.

Call: (516) 586-1507 email: whhh@parkerinstitute.org

After registering, you will receive a confirmation email containing information about joining the webinar.